



March 2010 Parent Academy Courses

Date	Time	Event	Instructor/Presenter	Location
March 2	6:30p-8:00p	DCPS Teaching and Learning Framework	Peggy O'Brien and DCPS Staff	Hart MS (601 Mississippi Ave. SE)
March 3 and 17	10:00a	Learn to Support Your Child with Autism	Erin Houlihan, MT, BCBA	PFRC Ward 7 (inside Shadd ES, 5601 East Capitol Rd, SE)
March 4, 11, 18, 25 <i>Every Thursday</i>	6:00p	Men to Men	Concerned Black Men/Fatherhood Initiative	Anne E. Beers ES (3600 Alabama Ave. SE)
March 4, 11, 18, 25 <i>Every Thursday</i>	6:00p-7:30p	Game Changers	Neal Ables	PFRC Ward 8 (inside M.C. Terrell ES, 3301 Wheeler Rd, SE)
March 6	9:30a-12:00p	Saturday Learning Partnership	Mildred Lockridge and staff	PFRC Ward 8 (inside M.C. Terrell ES, 3301 Wheeler Rd, SE)
March 6, 13, 20, 27 <i>Every Saturday</i>	10:00a-11:30a	Programa para padres de familia	Athena Viscusi, LICSW, Columbia Heights/Shaw Family Support Collaborative	PFRC Ward 1 (inside Tubman ES, 3101 13 th St NW)
March 9	5:00p-6:00p and 6:30p-7:30p	Understanding and Prepping Your Child for the DC-CAS	PFRC Staff	PFRC Ward 1 (inside Tubman ES, 3101 13 th St NW)
March 10 and 24	11:00a and 1p	Computer Literacy	PFRC Staff	PFRC Ward 7 (inside Shadd ES, 5601 East Capitol Rd, SE)
March 10	4:00p	Early Stages Screening	Jameeka Flowers	PFRC Ward 7 (inside Shadd ES, 5601 East Capitol Rd, SE)
March 10, 17, 24	6:30p-7:30p	Hand Dancing (Fitness)	Valyncia Lindsey	PFRC Ward 7 (inside Shadd ES, 5601 East Capitol Rd, SE)
March 13	11:30a-12:30p	Fun World of Nutrition	Tracye McQuirter, USDC Center for Nutrition, Diet and Health	PFRC Ward 1 (inside Tubman ES, 3101 13 th St NW)
March 16	6:30p-8:00p	DCPS Teaching and Learning Framework	Peggy O'Brien and DCPS Staff	Roosevelt HS (4301 13th St NW)
March 16	5:00p-6:00p (Spanish interpretation available) and 6:30p-7:30p	Understanding and Prepping Your Child for the DC-CAS	PFRC Staff	PFRC Ward 1 (inside Tubman ES, 3101 13 th St NW)
March 20	9:30a-12:00p	Saturday Learning Partnership	Mildred Lockridge and staff	PFRC Ward 8 (inside M.C. Terrell ES, 3301 Wheeler Rd, SE)
March 20	11:30a-12:30p	Get Those Greens (Nutrition)	Tracye McQuirter, USDC Center for Nutrition, Diet and Health	PFRC Ward 1 (inside Tubman ES, 3101 13 th St NW)
March 23	5:00p-6:00p	Understanding and Prepping Your Child for the DC-CAS	PFRC Staff	PFRC Ward 1 (inside Tubman ES, 3101 13 th St NW)

March 23	6:00p-7:30p	Keeping Your Child Safe On-line	DCPS Staff	PFRC Ward 1 (inside Tubman ES, 3101 13 th St NW)
March 24	6:30p-7:30p	Understanding and Prepping Your Child for the DC-CAS	Karla Reid Witt	PFRC Ward 7 (inside Shadd ES, 5601 East Capitol Rd, SE)
March 27	11:30a-12:30p	Fresh Fruit Frenzy (Nutrition)	Tracye McQuirter, USDC Center for Nutrition, Diet and Health	PFRC Ward 1 (inside Tubman ES, 3101 13 th Street NW)
March 27	10:00a-11:30a	Practical Computing: Building a Resume with Microsoft Word	Sang Yoon	PFRC Ward 8 (inside M.C. Terrell ES, 3301 Wheeler Rd, SE)

DCPS Foundations for Scholars

- **Early Stages Screening:** Early Stages provides free developmental screenings for children between the ages of 3 and 5. For any child screened who may have a delay (speech, physical, educational, etc.), Early Stages provides a full evaluation and recommendations for services through the District of Columbia Public Schools—all for free. The screening takes approximately 30 minutes.
- **Teaching and Learning Framework:** Have questions about the instruction your children receive? Curious about how DCPS assesses teacher performance? Would you like to see examples of excellent classroom teaching and learn what your children should be experiencing in their classroom every day? Then please join us to learn more about the **DCPS Teaching and Learning Framework**, at a presentation led by Peggy O'Brien, Chief of Family and Public Engagement, with participation from parents and other key DCPS staff.
- **Understanding and Preparing Your Child for the DC-CAS:** Learn about the DC Comprehensive Assessment System (DC-CAS) and strategies to help your child do their best on the test.

Learning-at-Home for Scholars

- **Learn to Support Your Child with Autism:** Trainings on Autism and using ABA to help your child communicate, play, learn and behave!. *Open to all parents of children with ASDs in DCPS.*
- **Computer Literacy:** This month's topics: Introduction to Computers, Basics of Web Navigation, and Introduction to Microsoft Word.
- **Saturday Learning Partnership:** This program reinforces the Math and Literacy Skills of children grades Pre-K-12. The unique aspect of this program is that parents and children work *together*. Classes are facilitated by Mrs. Mildred Lockridge and other highly qualified teachers and veteran instructors. Breakfast is provided. *Open to all parents and students*

Health for Scholars

- **Fresh Fruit Frenzy:** Learn how to include more fresh fruit in your family's diet. We'll talk about the different nutrients in fruit, how eating more fruit will help your child stay healthy, and experiment making fruit smoothies your family will love.
- **The Fun World of Nutrition:** This is a fun introduction to basic nutrition and food facts for you and your child. We'll talk about the food groups and why it's important to eat healthy, and then put what we learned into action by creating a healthy and tasty snack. *For parents and children of all ages.*
- **Get those Greens!:** This workshop focuses on the importance of including more vegetables in your family's diet. We'll pay extra attention to the 7 vegetables that have been identified to as the healthiest you can eat.
- **Hand Dancing (Fitness):** Hand dancing strengthens partnering skills and body awareness. Join us to learn some moves and get into the "swing of things" with your child.

Early Literacy for Scholars

- *Coming in April 2010*

Advocates for Scholars

- **Game Changers:** Game on! Join other fathers/male caregivers ages 30 and over to exercise and discuss the role of men in their children's education. *Please note: child care is not provided at this program.*
- **Keeping Your Child Safe On-Line:** Keeping Your Child Safe On-line – This workshop will provide information and tips to help your child stay safe while they are on-line. This workshop will cover several topics, including Facebook, blogs, cyber-bullying, file-sharing and more.
- **Men to Men:** A program for fathers and father-figures who want to be involved in their children's education. Men to Men deals with issues affecting your children, such as: parental influence, parenting relationships, and community resources. Join us every Thursday for an opportunity to better serve your child. *Men to Men is in conjunction with the Concerned Black Men Fatherhood Initiative.*
- **Practical Computing: Building a Resume with Microsoft Word** – This workshop will provide detailed explanations (step-by-step processes) for creating an effective resume using Microsoft Word.
- **Programa para padres de familia:** Aprende a disciplinar a sus hijos, como comunicar mejor, como desarrollar la auto-estima, y como proteger a sus hijos de la violencia. Habrá cuidado de niños y una merienda. El programa es gratis. Para inscribirse, llamar a Athena al 202-319-7599.